



# MARCH 2025

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# READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 615-862-5750					1 Cover a small toy with playdoh; encourage your child to dig into the dough to find a treasure!
2 Run like a cheetah. How fast can you go?	3 Compare shoes: size, color, smallest, largest, kind of shoe, etc.	4 Bake something together. Talk about the way the batter or dough becomes different when baked.	5 Answer your baby's babbles by repeating them and adding a new sound.	6 Clap while you sing the alphabet song.	7 Ask your child to "read" you their favorite book.	8 Draw a picture of yourself.
9 Play ball and do other physical activities! This improves coordination.	10 Enjoy Bill Martin, Jr.'s Brown Bear, Brown Bear, What Do You See? to learn colors.	11 Go on a bug hunt in your yard or the park. How many can you find?	12 Describe the things you notice. What is the weather? What colors are the flowers? Anything!	13 Have a dance party! Dancing while singing teaches rhythm and motor coordination.	14 Read a book about gardens or flowers.	15 Give your child a blank piece of paper and writing implements. Let them create a masterpiece.
16 Play house together. Pretend to visit your child's "house."	17 Count how many clothes you put on to go outside.	18 How many sounds can you make with your hands and feet?	19 Talk about the first signs of Spring that you see outside.	20 Sing "Old MacDonald." Ask your child what their favorite animal is.	21 Read a book about spring.	22 Plan a menu and make a shopping list.
23 Play with bubbles. 30 Create a "prop box" to inspire imaginative play.	24 How many steps are there to your mailbox? 31 Weigh your child and write it here:	25 Use the tub or the kitchen sink and see what will float or sink.	26 Check out and "read" a Talking Book.	27 Sing a favorite song from story time.	28 Read the names of grocery items while shopping with your little one.	29 Write your child's name. Help them write it, too.